

ACTIVITY CALENDAR

July

- *Newspaper
& Coffee @ 9:30
Mon-Sat
- *Tongass Music
Circle Monday @
3:00
- *Summer Sing-a-
long every Tues-
day @ 1:30
- *Yoga for everyone
Tuesday @ 3:00
- *Every Sunday @
1:30 local Church
Service on the
3rd Floor
- *BINGO is every
Wednesday @
1:30
- *Exercise with
Debra every Mon-
day and Wednes-
day 10:30
- *Popcorn and a
Movie every
Thursday @ 5:30
p.m.
- * Tongass
Neighborhood
Sensory Care @
3:00
- *Ice Cream Social
every Friday @
1:30 p.m.
- *Knitting Group
meets in the Sun
Room on Tues-
days and Wednes-
days

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KETCHIKAN PIONEER HOME

VOLUME 11, ISSUE 7

JULY 2013

GREETINGS FROM THE ADMINISTRATOR



Happy Fourth of July America! This years Fourth of July celebration seemed extra festive due to epic sunshine and accompanying dispositions. We enjoyed out of town visitors, reunions, family, friends, the Sourdough, the Eichner family helicopter fly by, watching the parade , and

the bag pipers and a little home run derby baseball.

For those of you in our KPH community that live elsewhere, this summer the weather has been incredible and we have the flowers and sun tan lines to prove it.

Hilary and gang have been busy with as many outings as they can cram into the residents schedule as we attempt to store Vitamin D for the wet fall and cold

winter to come.

If you get a chance, please stop by the second floor and look at our display of Ketchikan Fourth of July photos from 1935. So much has changed and yet so much about our charming town remains the same.

Julie Sande



LOOKING FORWARD TO THE CHAOS

It's that time of year again! The KPH Garage Sale will be held on Saturday, July 27th. Please remember that this is a fundraiser for the Resident Council and all of the proceeds go toward funding activities for the residents.

We will begin accepting donations on July 1st and will continue to accept your donated treasures until the day of the sale. If you have any ability to volunteer please contact Hilary at 228-3372 as we need all the help we can get for this fun event!

TOP CHIEFS OF KPH



We harvested our first round of rhubarb and took another opportunity to utilize the new oven on the third floor to bake a rhubarb pie.

The residents

helped harvest and bake.

It is so nice to smell freshly baked treats in the third floor neighborhoods. The only problem the residents noted was that we did not bake enough because it

was all gone and there was not enough for seconds!



Resident Ilona Brady mixes up the pie filling.



"Let every

nation know, whether it wishes us well or ill, we

shall pay any price, bear any burden, meet

any hardship, support any friend, oppose any

foe, to assure the survival and success of

liberty."

JFK

FOURTH OF JULY FUN

Special thanks to Ton-gass Federal Credit Union for saving us a spot to watch the parade in front of their establishment. It was the perfect place to watch the festivities. We would also like to thank Chef Shin Berkey from the

Kitchen for her cooperative spirit as she helped feed a full house for a hamburger and watermelon lunch! The Misty Thistle bagpipers, drum corp and dancers delighted us again with their talents.

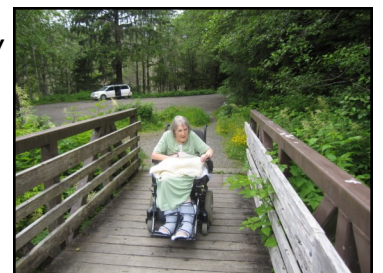


Resident Kay Gichard and Ben Jensen watch the parade.

LILY PAD HUNTERS

I love our activity department for a variety of reasons but this activity highlights some of their best qualities. The residents wanted lily pads for their pond so we went to the frog pond at Ward Lake and tried our best to

yank one out of the pond but to no avail. Thankfully Hilary was able to purchase one from Seattle so Lily Pads abound in the pond. It may not have worked out the way we wanted but spontaneous fun was had by all!



Resident Judy Hansen lily pad hunting at the frog pond.

HIGHLIGHTING OUR PHILIPPINO CULTURE



Our displays at the KPH have become increasingly impressive and well received. We thought the vintage toy display last month was the best until the staff and residents put up the display on the Philippine culture this month.

Please stop by and look at the dresses, coins, purses, maps and other treasures that we have on loan from staff and community members. It is a real opportunity to see some of the beauty and rich history of the Philippine culture.



KPH FOUNDATION NEWS

The KPH Foundation has been such a huge help in making the lives of the residents better and we are so grateful.

This month was a big birthday month for us and once again the residents enjoyed their birthday lunch at the Landing.

The KPH Foundation is a registered 501-C3 non-profit organization whose sole mission is to provide for the needs of the Ketchikan Pioneer

Home residents and to help improve the quality of their lives.



Margaret McCombs celebrates 106 with friends and family

Bob Sivertsen
Alaire Stanton
Nerissa Buendia
Bill Moran
Ed Zastrow
Cleo Weston
Ann Thompson
Terry Wanzer
Mona O'Dell
Fred Monrean
Idonna Hanson
Sherrie Slick
Ray Hendricks
Linda Koons Auger



The resident council provided sweet treats and flowers to our Certified Nurse Aide staff this month to celebrate the amazing care givers among us!





KPH

Activity Calendar Continued...

Ketchikan Pioneer Home
141 Bryant St.
Ketchikan AK 99901
Phone: 907-228-3362

Fax: 907-225-4115

The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.

July 1 Bring items for Garage Sale

July 4 Independence Day!

July 9 Yoga for everyone @ 3:00

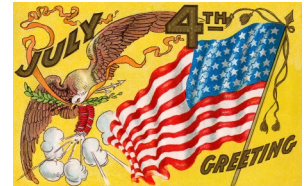
July 10 Travel to the Philippines with the Philipino dancers @ 5:30

July 11 Tongass Neighborhood sensory care @ 3:00

July 12 Ice Cream Social with Guests from Rendezvous @ 1:30

July 20 Spa Day

July 27 Annual Garage Sale 9:00—3:00



Dip Dyed Scarves

We tried something new this month with help of Sherry Henrickson who helped us dip dye scarves. We had lots of fun being creative and loved how they turned out. We plan to sell some of our handiwork at the Garage Sale.



HAPPY BIRTHDAY

RESIDENTS

Floy Wingren	07/06/1913
Ann Starr	07/06/1927
Don Wright	07/12/1940
Louise Laine	07/28/1919

STAFF

Patricia Hawk	07/04
Shelby Vetter	07/17
Melchor Villaflor	07/18
Pancho Nacionales	07/27



“May all your future years be free from disappointment, care or strife, that every birthday you will be a little more in love with life.”



BIRTHDAY BABIES

June is our busiest birthday month with seven birthday babies! Terry Lapinski, Bob Gore, Bob Lewis, Letty Cole and Ellis Lundin each celebrated their big days and Anna Dundas celebrated 99 with family and friends while reigning Queen Margaret McCombs turned 106!

